

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2659	1	1	Maverly	Katjiuongua	Female	Open	24:24.368	-	04:52 min/km
1272	4	2	Jade	Smith	Female	Open	25:59.894	+01:35.526	05:11 min/km
2270	5	3	Emma	Brinkmann	Female	Open	26:14.102	+01:49.734	05:14 min/km
2534	21	4	Mia	Barkhuizen	Female	Open	31:07.780	+06:43.412	06:13 min/km
2624	24	5	Molly	Miranda	Female	Open	31:17.990	+06:53.622	06:15 min/km
2567	25	6	Aune	Kkwedhi	Female	Open	31:18.378	+06:54.010	06:15 min/km
2628	27	7	Jana	Ptacnikova	Female	Open	31:20.028	+06:55.660	06:16 min/km
1204	29	8	Adele	Oosthuizen	Female	Open	31:25.487	+07:01.119	06:17 min/km
3672	36	9	Aby	Rowles	Female	Open	32:07.460	+07:43.092	06:25 min/km
3671	37	10	Alice	Rowles	Female	Open	32:07.604	+07:43.236	06:25 min/km
2598	43	11	Cari	Stears	Female	Open	32:39.483	+08:15.115	06:31 min/km
2279	44	12	Katja	Buttner	Female	Open	32:40.608	+08:16.240	06:32 min/km
1084	45	13	Janè	Lewies	Female	Open	32:47.265	+08:22.897	06:33 min/km
1220	46	14	Friederike	Redecker	Female	Open	32:49.614	+08:25.246	06:33 min/km
2384	48	15	Zuriel	Dias	Female	Open	33:04.544	+08:40.176	06:36 min/km
1206	49	16	Ankia	Page	Female	Open	33:10.778	+08:46.410	06:38 min/km
2206	50	17	Lena	Ahrens	Female	Open	33:12.107	+08:47.739	06:38 min/km
2457	52	18	Milandi	Grobler	Female	Open	33:19.889	+08:55.521	06:39 min/km
1087	53	19	Isabel	Liebchen	Female	Open	33:19.893	+08:55.525	06:39 min/km
1086	54	20	Yolandi	Liebchen	Female	Open	33:20.088	+08:55.720	06:40 min/km
2448	56	21	Karliën	Gous	Female	Open	33:26.947	+09:02.579	06:41 min/km
2609	61	22	Caleigh	van Wyk	Female	Open	33:55.258	+09:30.890	06:47 min/km
2537	67	23	Jemima-Rose	Bekker	Female	Open	34:21.343	+09:56.975	06:52 min/km
1100	70	24	Anushka	Maletzky	Female	Open	34:28.371	+10:04.003	06:53 min/km
1006	73	25	Simoney	Janse van Rensburg	Female	Open	34:34.297	+10:09.929	06:54 min/km
2375	76	26	Leonie	de Lange	Female	Open	34:44.624	+10:20.256	06:56 min/km
1013	77	27	Ndendelao	Johannes	Female	Open	34:46.760	+10:22.392	06:57 min/km
2418	79	28	Colanè	Esterhuizen-Andreas	Female	Open	34:51.215	+10:26.847	06:58 min/km
1355	81	29	Engela	Viljoen	Female	Open	35:03.190	+10:38.822	07:00 min/km
2269	82	30	Lena	Brinkmann	Female	Open	35:10.112	+10:45.744	07:02 min/km

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No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1232	85	31	Elaine Dina	Schlechter	Female	Open	35:41.487	+11:17.119	07:08 min/km
2374	86	32	Claire	de Lange	Female	Open	35:56.347	+11:31.979	07:11 min/km
2580	89	33	Angel	Nakathingo	Female	Open	36:10.481	+11:46.113	07:14 min/km
2379	92	34	Kiara	De Wee	Female	Open	36:26.151	+12:01.783	07:17 min/km
2271	98	35	Kristen	Brits	Female	Open	36:40.564	+12:16.196	07:20 min/km
2474	101	36	Naemi	Hamunyela	Female	Open	36:48.171	+12:23.803	07:21 min/km
2373	106	37	Birgit	de Lange	Female	Open	37:10.136	+12:45.768	07:26 min/km
3659	107	38	Janet	Vosloo	Female	Open	37:14.579	+12:50.211	07:26 min/km
1274	108	39	Rakel	Solli	Female	Open	37:16.055	+12:51.687	07:27 min/km
2548	109	40	Tehilah	Fredricks	Female	Open	37:16.199	+12:51.831	07:27 min/km
2578	113	41	Menesia	Musole	Female	Open	37:31.198	+13:06.830	07:30 min/km
2500	120	42	Dinah	Human	Female	Open	37:57.973	+13:33.605	07:35 min/km
2256	121	43	Shahieda	Bock	Female	Open	38:05.510	+13:41.142	07:37 min/km
2274	123	44	Willa	Bronner	Female	Open	38:14.927	+13:50.559	07:38 min/km
1054	124	45	Vistorina	Kayoko	Female	Open	38:15.818	+13:51.450	07:39 min/km
1196	125	46	Elizma	Ockhuizen	Female	Open	38:16.088	+13:51.720	07:39 min/km
1120	127	47	Kendyll	Mouton	Female	Open	38:46.295	+14:21.927	07:45 min/km
2385	128	48	Zyana	Dias	Female	Open	38:46.439	+14:22.071	07:45 min/km
1360	131	49	Michelle	Viviers	Female	Open	38:47.335	+14:22.967	07:45 min/km
1267	132	50	Honor	Simon	Female	Open	38:48.503	+14:24.135	07:45 min/km
1201	133	51	Nadine	Olivier	Female	Open	38:48.759	+14:24.391	07:45 min/km
2606	136	52	Abbigail	Uiras	Female	Open	38:55.757	+14:31.389	07:47 min/km
2545	137	53	Anita	De Waal	Female	Open	38:56.422	+14:32.054	07:47 min/km
2570	138	54	Zi-Toni	Lindiwe	Female	Open	38:57.618	+14:33.250	07:47 min/km
2569	140	55	Zelia	Kotze	Female	Open	39:00.757	+14:36.389	07:48 min/km
2225	141	56	Shana	Arendorf	Female	Open	39:01.857	+14:37.489	07:48 min/km
2561	142	57	Alzierag	Kavandje	Female	Open	39:02.793	+14:38.425	07:48 min/km
1197	145	58	Live	Øderud	Female	Open	39:04.932	+14:40.564	07:48 min/km
1038	147	59	Mikayla	Kapiye	Female	Open	39:11.150	+14:46.782	07:50 min/km
1370	150	60	Mia	Winter	Female	Open	39:18.200	+14:53.832	07:51 min/km

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No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1325	151	61	Laken	Van Drunen	Female	Open	39:18.321	+14:53.953	07:51 min/km
1231	152	62	Eva	SANTONI	Female	Open	39:21.621	+14:57.253	07:52 min/km
1257	157	63	Tuhafeni Dalene	Shino	Female	Open	39:35.234	+15:10.866	07:55 min/km
1107	159	64	Julie	Mbaisa	Female	Open	39:45.286	+15:20.918	07:57 min/km
2413	160	65	Tuyakula	Endjala	Female	Open	39:55.131	+15:30.763	07:59 min/km
2581	162	66	Naimi	Namunyekwa	Female	Open	39:57.693	+15:33.325	07:59 min/km
2260	164	67	Charlett	Bouwer	Female	Open	39:59.758	+15:35.390	07:59 min/km
1110	166	68	Twapewomaano	Mbidi	Female	Open	40:14.399	+15:50.031	08:02 min/km
1024	167	69	Sakeenah	Kakonda	Female	Open	40:19.020	+15:54.652	08:03 min/km
3654	170	70	Herculine	Crous	Female	Open	40:42.704	+16:18.336	08:08 min/km
1353	171	71	Marna	Van Zyl	Female	Open	40:43.239	+16:18.871	08:08 min/km
2380	172	72	Kayla De Wee	De Wee	Female	Open	40:50.447	+16:26.079	08:10 min/km
1221	173	73	LEA	REDELINGHUYS	Female	Open	40:50.931	+16:26.563	08:10 min/km
2203	175	74	DAWN	ADAMS	Female	Open	40:55.519	+16:31.151	08:11 min/km
1078	178	75	Camille	LAFFAILLE	Female	Open	41:10.898	+16:46.530	08:14 min/km
2204	180	76	Iza	Africa	Female	Open	41:12.495	+16:48.127	08:14 min/km
2433	181	77	Rendia	Gaoses	Female	Open	41:12.993	+16:48.625	08:14 min/km
1070	182	78	Sandré	Kriel	Female	Open	41:13.351	+16:48.983	08:14 min/km
1081	184	79	Elise	Legreid	Female	Open	41:20.699	+16:56.331	08:16 min/km
1241	188	80	Monika	Sheefeni	Female	Open	41:36.096	+17:11.728	08:19 min/km
1165	189	81	Respect	Nashipeta	Female	Open	41:43.403	+17:19.035	08:20 min/km
1261	196	82	Ilona	Shivute	Female	Open	42:11.530	+17:47.162	08:26 min/km
2516	197	83	Aili	Ismael	Female	Open	42:14.472	+17:50.104	08:26 min/km
2605	199	84	Jepingeni	Tjivikue	Female	Open	42:29.797	+18:05.429	08:29 min/km
2554	200	85	Dorothy	lileka.	Female	Open	42:31.556	+18:07.188	08:30 min/km
1235	201	86	Jandine	Schoonbee	Female	Open	42:38.055	+18:13.687	08:31 min/km
2596	202	87	Selma	Shimaneni	Female	Open	42:39.930	+18:15.562	08:31 min/km
3668	208	88	Anoushka	Kamble	Female	Open	43:02.786	+18:38.418	08:36 min/km
2267	209	89	Lourika	Breed	Female	Open	43:05.390	+18:41.022	08:37 min/km
1060	210	90	Daleen	Kitt	Female	Open	43:08.852	+18:44.484	08:37 min/km

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2455	211	91	Juliandri	Grobler	Female	Open	43:11.753	+18:47.385	08:38 min/km
2431	212	92	Beata	Gabriel	Female	Open	43:12.184	+18:47.816	08:38 min/km
2252	214	93	Michaela	Blank	Female	Open	43:14.458	+18:50.090	08:38 min/km
1354	215	94	Odette	Venzke	Female	Open	43:14.969	+18:50.601	08:38 min/km
2547	217	95	Arnelda	Engels	Female	Open	43:17.715	+18:53.347	08:39 min/km
1350	218	96	Zane-Leigh	Van Zyl	Female	Open	43:18.419	+18:54.051	08:39 min/km
1269	219	97	Charlize	Sinclair	Female	Open	43:20.252	+18:55.884	08:40 min/km
2541	220	98	Kaylee	Brown	Female	Open	43:21.904	+18:57.536	08:40 min/km
2584	221	99	Alkira	Orange	Female	Open	43:22.007	+18:57.639	08:40 min/km
1064	225	100	Laina	Kooper	Female	Open	43:33.612	+19:09.244	08:42 min/km
1068	228	101	Joanne	Kotze	Female	Open	43:45.399	+19:21.031	08:45 min/km
2408	230	102	Nailoke	Ekandjo	Female	Open	43:51.319	+19:26.951	08:46 min/km
1299	232	103	Jolinda	Thirion	Female	Open	43:58.286	+19:33.918	08:47 min/km
1372	233	104	Selma Taakondjo	Yandongo	Female	Open	44:03.028	+19:38.660	08:48 min/km
1035	236	105	Silpa	Kanghono	Female	Open	44:27.659	+20:03.291	08:53 min/km
2506	237	106	Rebbeka Mia	lipinge	Female	Open	44:29.747	+20:05.379	08:53 min/km
1017	238	107	Andrea Kleiven	Jørgensen	Female	Open	44:30.366	+20:05.998	08:54 min/km
2372	240	108	Loren-Ashlyn	De Koe	Female	Open	44:40.696	+20:16.328	08:56 min/km
2489	241	109	Meckey	Heitha	Female	Open	44:41.106	+20:16.738	08:56 min/km
1009	242	110	Mone	Jansen van Vuuren	Female	Open	44:44.576	+20:20.208	08:56 min/km
2415	243	111	Sune	Engelbrecht	Female	Open	44:45.255	+20:20.887	08:57 min/km
1205	245	112	Johanna	Page	Female	Open	44:52.599	+20:28.231	08:58 min/km
2582	246	113	Brigitte	Ndapewa	Female	Open	45:11.389	+20:47.021	09:02 min/km
1012	248	114	Anastasia	Johannes	Female	Open	45:14.972	+20:50.604	09:02 min/km
1032	251	115	Anna	Kamkuemah	Female	Open	45:28.824	+21:04.456	09:05 min/km
1359	252	116	Tania	Visser	Female	Open	45:30.914	+21:06.546	09:06 min/km
2441	254	117	Rosemary Evets	Geinus	Female	Open	45:40.542	+21:16.174	09:08 min/km
1025	255	118	Megan	Kali	Female	Open	45:41.414	+21:17.046	09:08 min/km
1065	257	119	Desiree	Korner	Female	Open	45:44.905	+21:20.537	09:08 min/km
1039	258	120	Grace	Karimbue	Female	Open	45:48.772	+21:24.404	09:09 min/km

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No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2502	260	121	Ndipita	Hungi	Female	Open	45:52.664	+21:28.296	09:10 min/km
2403	262	122	Alexandra	Egerer	Female	Open	45:59.962	+21:35.594	09:11 min/km
3655	263	123	Trudie	Crous	Female	Open	46:00.111	+21:35.743	09:12 min/km
1288	264	124	Candice	Strauss	Female	Open	46:02.484	+21:38.116	09:12 min/km
1342	267	125	Melodine	Van Wyk	Female	Open	46:08.972	+21:44.604	09:13 min/km
1074	268	126	Punaje	Kuvare	Female	Open	46:11.722	+21:47.354	09:14 min/km
1091	269	127	Lydia	Lukas	Female	Open	46:16.038	+21:51.670	09:15 min/km
1256	270	128	Kristofina	Shimpanda	Female	Open	46:19.903	+21:55.535	09:15 min/km
2491	271	129	Brigitte	Hendrickse	Female	Open	46:20.646	+21:56.278	09:16 min/km
2471	272	130	Rebekka	Hamukonda	Female	Open	46:24.131	+21:59.763	09:16 min/km
1015	273	131	Ida Marie	Johansen	Female	Open	46:32.759	+22:08.391	09:18 min/km
1168	274	132	Alina	Ndadi	Female	Open	46:36.560	+22:12.192	09:19 min/km
1301	276	133	Maren Berg	Thomassen	Female	Open	46:42.951	+22:18.583	09:20 min/km
2277	278	134	Annelie	Burger	Female	Open	46:44.143	+22:19.775	09:20 min/km
1031	280	135	Josephine	Kamelo	Female	Open	46:47.123	+22:22.755	09:21 min/km
2626	284	136	Priskila	Nghihongelwa	Female	Open	47:06.653	+22:42.285	09:25 min/km
1178	285	137	Kim LaQuita	Neumann	Female	Open	47:14.706	+22:50.338	09:26 min/km
2386	287	138	Denise	Diedericks	Female	Open	47:20.015	+22:55.647	09:28 min/km
1113	288	139	Desiree	Meyer	Female	Open	47:23.016	+22:58.648	09:28 min/km
2211	290	140	Alisa	Amupolo	Female	Open	47:29.036	+23:04.668	09:29 min/km
1137	291	141	Alinas	Mutumba	Female	Open	47:29.282	+23:04.914	09:29 min/km
2619	292	142	Wendy	Bonitz	Female	Open	47:32.505	+23:08.137	09:30 min/km
1263	296	143	Zelia	Shiyagaya	Female	Open	47:46.399	+23:22.031	09:33 min/km
1093	299	144	Sagna	Lwendo	Female	Open	48:06.406	+23:42.038	09:37 min/km
1161	300	145	Alina	Nashandi	Female	Open	48:07.812	+23:43.444	09:37 min/km
1014	301	146	Naambo	Johannes	Female	Open	48:10.802	+23:46.434	09:38 min/km
2513	302	147	Jenelique	Isaacs	Female	Open	48:10.860	+23:46.492	09:38 min/km
2208	303	148	Katherine	Amakali	Female	Open	48:17.330	+23:52.962	09:39 min/km
2234	304	149	Miriam	Barth-Heyerdahl	Female	Open	48:21.763	+23:57.395	09:40 min/km
1109	305	150	Namakau	Mbeha	Female	Open	48:22.861	+23:58.493	09:40 min/km

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2411	306	151	Gomez	Elaine	Female	Open	48:25.201	+24:00.833	09:41 min/km
2353	307	152	Yolande Ruth	Claassen	Female	Open	48:25.396	+24:01.028	09:41 min/km
2664	308	153	Selma	Mulezi	Female	Open	48:27.346	+24:02.978	09:41 min/km
1316	309	154	Ndapewoshali Agatha	Uushona	Female	Open	48:27.758	+24:03.390	09:41 min/km
2287	310	155	Anopashe	Chipfupa	Female	Open	48:28.175	+24:03.807	09:41 min/km
1281	312	156	Kristen	Stafford-Evans	Female	Open	48:32.020	+24:07.652	09:42 min/km
1296	314	157	Donna	Tenete	Female	Open	48:43.651	+24:19.283	09:44 min/km
2668	315	158	Julia	Niivundo	Female	Open	48:44.339	+24:19.971	09:44 min/km
1058	316	159	Lorato	Khiba	Female	Open	48:45.511	+24:21.143	09:45 min/km
1051	317	160	Christy	Kaurimuje	Female	Open	48:45.730	+24:21.362	09:45 min/km
1248	318	161	Saima	Shihepo	Female	Open	48:46.594	+24:22.226	09:45 min/km
2404	320	162	Aletha	Eises	Female	Open	48:55.541	+24:31.173	09:47 min/km
2663	321	163	Johanna	Mukuve	Female	Open	48:56.956	+24:32.588	09:47 min/km
1253	322	164	Evangeline	Shilikomwenyo	Female	Open	48:57.647	+24:33.279	09:47 min/km
1366	323	165	Jarine	Wilken	Female	Open	48:59.750	+24:35.382	09:47 min/km
1246	325	166	Johanna Natangwe	Shigwedha	Female	Open	49:09.194	+24:44.826	09:49 min/km
2364	326	167	Denice	Dames	Female	Open	49:09.552	+24:45.184	09:49 min/km
2417	328	168	Zorina	Engelbrecht	Female	Open	49:16.207	+24:51.839	09:51 min/km
1002	331	169	Carine	Jacobs	Female	Open	49:33.911	+25:09.543	09:54 min/km
2239	334	170	Magdalena	Bernard	Female	Open	49:44.039	+25:19.671	09:56 min/km
1164	335	171	Yambekandje	Nashipeta	Female	Open	49:44.286	+25:19.918	09:56 min/km
2445	338	172	Niita	Gideon	Female	Open	50:05.217	+25:40.849	10:01 min/km
1369	344	173	Kristine	William	Female	Open	50:14.207	+25:49.839	10:02 min/km
2565	345	174	Azaniah	Kirsten-Lee	Female	Open	50:14.950	+25:50.582	10:02 min/km
2591	346	175	Amber-Rose	Reacquelle	Female	Open	50:15.254	+25:50.886	10:03 min/km
1270	347	176	Rauna	Siyengo	Female	Open	50:17.663	+25:53.295	10:03 min/km
2532	348	177	Aurora	Ariëlle	Female	Open	50:18.379	+25:54.011	10:03 min/km
1072	351	178	Moirá Ronalda	Kubersky	Female	Open	50:18.938	+25:54.570	10:03 min/km
1329	355	179	Rebecca	Van Helsdingen	Female	Open	50:34.861	+26:10.493	10:06 min/km
2276	356	180	Anri	Brynard	Female	Open	50:35.545	+26:11.177	10:07 min/km

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1055	358	181	Uatanaro	Kazombaruru	Female	Open	50:39.386	+26:15.018	10:07 min/km
2646	361	182	Zakiya	Tjongarero	Female	Open	50:41.115	+26:16.747	10:08 min/km
1171	362	183	Jennifer	Ndjadila	Female	Open	50:44.998	+26:20.630	10:08 min/km
1121	363	184	Chloe	Mouton	Female	Open	50:51.118	+26:26.750	10:10 min/km
1374	364	185	Tjivariko	Zauana	Female	Open	50:54.126	+26:29.758	10:10 min/km
1106	365	186	Rachel	Mawoyo	Female	Open	50:56.707	+26:32.339	10:11 min/km
2484	367	187	Leandra	Hattingh	Female	Open	51:14.538	+26:50.170	10:14 min/km
1227	371	188	Monica	Rossouw	Female	Open	51:22.049	+26:57.681	10:16 min/km
2688	372	189	Annelie	Harmse	Female	Open	51:25.305	+27:00.937	10:17 min/km
2689	374	190	Lize-Mari	Harmse	Female	Open	51:28.013	+27:03.645	10:17 min/km
1240	375	191	Anna Ndatemapo	Shambalula	Female	Open	51:29.219	+27:04.851	10:17 min/km
2623	377	192	Lydia	Mataa	Female	Open	51:40.030	+27:15.662	10:20 min/km
1092	378	193	Liina	Luwaya	Female	Open	51:43.495	+27:19.127	10:20 min/km
2266	380	194	Isis	Brandt	Female	Open	51:49.891	+27:25.523	10:21 min/km
1213	381	195	Michelle	Philander	Female	Open	51:52.449	+27:28.081	10:22 min/km
2355	382	196	Stella	Coetzee	Female	Open	51:52.845	+27:28.477	10:22 min/km
2207	383	197	Helvi	Akwenye	Female	Open	51:54.106	+27:29.738	10:22 min/km
1033	384	198	NUKONGO	Kamungu	Female	Open	51:55.938	+27:31.570	10:23 min/km
1339	385	199	Theola	van Wyk	Female	Open	51:58.746	+27:34.378	10:23 min/km
2356	386	200	Senodine	Coetzee	Female	Open	51:59.436	+27:35.068	10:23 min/km
2357	387	201	Déja	Coetzee	Female	Open	52:00.115	+27:35.747	10:24 min/km
2670	389	202	Muriel	Prins	Female	Open	52:09.038	+27:44.670	10:25 min/km
2233	392	203	Fransie	Barnard	Female	Open	52:36.053	+28:11.685	10:31 min/km
2627	393	204	Melineekelo	Petrus	Female	Open	52:37.945	+28:13.577	10:31 min/km
2264	395	205	Daleen	Brand	Female	Open	52:39.864	+28:15.496	10:31 min/km
1194	396	206	Magic	Nyambe	Female	Open	52:39.866	+28:15.498	10:31 min/km
2559	397	207	Paula	Kashaka	Female	Open	52:42.017	+28:17.649	10:32 min/km
2409	399	208	Theresa	Eksteen	Female	Open	52:46.258	+28:21.890	10:33 min/km
1199	400	209	Mariana	Oehley	Female	Open	52:50.641	+28:26.273	10:34 min/km
1079	401	210	Lomine	Langley	Female	Open	52:51.810	+28:27.442	10:34 min/km

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Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1198	402	211	Kaylee	Oehley	Female	Open	52:52.587	+28:28.219	10:34 min/km
2505	403	212	Linda	Imene	Female	Open	53:02.826	+28:38.458	10:36 min/km
1108	404	213	Klaudia	Mbeeli	Female	Open	53:06.587	+28:42.219	10:37 min/km
2429	405	214	Amelia	Fragoso	Female	Open	53:08.645	+28:44.277	10:37 min/km
1003	407	215	Reilicia	Jacobs	Female	Open	53:20.297	+28:55.929	10:40 min/km
2463	410	216	Celine	Haiketi	Female	Open	53:32.462	+29:08.094	10:42 min/km
1147	411	217	Larissa	Namuandi	Female	Open	53:35.215	+29:10.847	10:43 min/km
2241	412	218	Sierra	Bernstein	Female	Open	53:36.826	+29:12.458	10:43 min/km
1167	415	219	Eunice	Nchindo	Female	Open	53:39.241	+29:14.873	10:43 min/km
1010	416	220	Juliet	Januarie	Female	Open	53:39.720	+29:15.352	10:43 min/km
2680	418	221	Angelique	Agenbag	Female	Open	53:43.483	+29:19.115	10:44 min/km
1063	419	222	Michelle	Klaassens	Female	Open	53:43.745	+29:19.377	10:44 min/km
2684	421	223	Marelise	Du Plessis	Female	Open	53:43.981	+29:19.613	10:44 min/km
1320	422	224	Jordyn Taylor	van der Colff	Female	Open	53:44.240	+29:19.872	10:44 min/km
2691	423	225	Estelle	Oberholzer	Female	Open	53:44.891	+29:20.523	10:44 min/km
2231	424	226	Zegurin	Awases	Female	Open	53:44.947	+29:20.579	10:44 min/km
2223	425	227	Rencia	Aoses	Female	Open	53:45.451	+29:21.083	10:45 min/km
2416	426	228	Ingrid	Engelbrecht	Female	Open	53:46.201	+29:21.833	10:45 min/km
2622	427	229	Tjarii	Katjivikua	Female	Open	53:54.082	+29:29.714	10:46 min/km
2519	429	230	Frieda	Iyambo	Female	Open	54:02.178	+29:37.810	10:48 min/km
1247	430	231	Carino	Shigwedha	Female	Open	54:02.625	+29:38.257	10:48 min/km
1130	431	232	Ndinelao	Munghono	Female	Open	54:02.826	+29:38.458	10:48 min/km
2677	432	233	Jurita	Viljoen	Female	Open	54:03.342	+29:38.974	10:48 min/km
1174	434	234	Karliën	Nel	Female	Open	54:04.491	+29:40.123	10:48 min/km
2286	437	235	Kupakwashe	Chimonyo	Female	Open	54:05.839	+29:41.471	10:49 min/km
1042	438	236	Saara Meameno	Kashaka	Female	Open	54:06.758	+29:42.390	10:49 min/km
2469	441	237	Uatjiuavi	Hambira	Female	Open	54:20.705	+29:56.337	10:52 min/km
1077	442	238	Vezembouua Ronel	Kuzatjike	Female	Open	54:21.352	+29:56.984	10:52 min/km
2406	443	239	Precious	Eises	Female	Open	54:26.829	+30:02.461	10:53 min/km
2242	444	240	Frana	Beukes	Female	Open	54:27.331	+30:02.963	10:53 min/km

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1250	445	241	Paulina	Shikongo	Female	Open	54:28.055	+30:03.687	10:53 min/km
1158	447	242	Natasha	Nanus	Female	Open	54:31.090	+30:06.722	10:54 min/km
2360	448	243	Jacinta	Coetzee	Female	Open	54:31.840	+30:07.472	10:54 min/km
2444	450	244	Andrea	Gertze	Female	Open	54:38.733	+30:14.365	10:55 min/km
2525	451	245	MAKIKO	IZUTSU	Female	Open	54:44.247	+30:19.879	10:56 min/km
1209	455	246	Silke	Pennefather	Female	Open	54:56.157	+30:31.789	10:59 min/km
1286	456	247	Laura	Steyn	Female	Open	54:57.122	+30:32.754	10:59 min/km
2671	457	248	Annique	Schoombe	Female	Open	55:00.375	+30:36.007	11:00 min/km
2494	459	249	Hilja	Henok	Female	Open	55:02.049	+30:37.681	11:00 min/km
2692	460	250	Gisella	Schommarz	Female	Open	55:02.207	+30:37.839	11:00 min/km
2220	461	251	Melanie Mercy	Andreas	Female	Open	55:02.266	+30:37.898	11:00 min/km
2247	462	252	Cindi-Lee	Bezuidenhout	Female	Open	55:02.805	+30:38.437	11:00 min/km
1183	463	253	Josefina	Nghishifolo	Female	Open	55:03.776	+30:39.408	11:00 min/km
2493	464	254	Liesl	Hendrikse	Female	Open	55:07.097	+30:42.729	11:01 min/km
2405	465	255	Penofina	Eises	Female	Open	55:08.001	+30:43.633	11:01 min/km
2560	466	256	Atuhe	Kasuto.	Female	Open	55:08.308	+30:43.940	11:01 min/km
2514	467	257	Natasha	Isaak	Female	Open	55:08.830	+30:44.462	11:01 min/km
2440	468	258	INNOCENTIA	GEI-KHOIBES	Female	Open	55:10.062	+30:45.694	11:02 min/km
2602	469	259	Ngajoo	Tjikasare	Female	Open	55:10.783	+30:46.415	11:02 min/km
2647	471	260	Ivanah	Tjongarero	Female	Open	55:17.603	+30:53.235	11:03 min/km
2639	472	261	Akyrah	Mureithi	Female	Open	55:17.991	+30:53.623	11:03 min/km
2629	474	262	Bianca	Von Lieres	Female	Open	55:38.825	+31:14.457	11:07 min/km
1331	475	263	Heidi	van Neel	Female	Open	55:39.965	+31:15.597	11:07 min/km
1016	476	264	Jureen	Jooste	Female	Open	55:39.967	+31:15.599	11:07 min/km
1122	477	265	Ellen	Moyo	Female	Open	55:46.355	+31:21.987	11:09 min/km
2236	478	266	Ruth	Basson	Female	Open	55:46.817	+31:22.449	11:09 min/km
2235	479	267	Nicole	Basson	Female	Open	55:47.829	+31:23.461	11:09 min/km
1333	480	268	Jolene	van Schoor	Female	Open	55:50.954	+31:26.586	11:10 min/km
1071	481	269	Shanill	Krohne	Female	Open	55:54.574	+31:30.206	11:10 min/km
2221	482	270	Sune	Angermund	Female	Open	55:55.297	+31:30.929	11:11 min/km

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1152	483	271	Felestina	Nangolo	Female	Open	56:10.525	+31:46.157	11:14 min/km
1057	484	272	EKLIEN	KHARASES	Female	Open	56:10.526	+31:46.158	11:14 min/km
2555	485	273	Akira	Isaacs	Female	Open	56:15.167	+31:50.799	11:15 min/km
3667	486	274	Molly	Fennessy	Female	Open	56:15.936	+31:51.568	11:15 min/km
2618	487	275	Aloisia- Anna	Aipanda	Female	Open	56:16.122	+31:51.754	11:15 min/km
2599	488	276	Leanne	Steyn	Female	Open	56:16.125	+31:51.757	11:15 min/km
2453	489	277	Liezl	Griffiths	Female	Open	56:17.579	+31:53.211	11:15 min/km
2255	490	278	Lucia	Bock	Female	Open	56:17.583	+31:53.215	11:15 min/km
2402	491	279	Justina	Eelu	Female	Open	56:19.918	+31:55.550	11:15 min/km
2558	492	280	Keisha	Kanyemba	Female	Open	56:23.630	+31:59.262	11:16 min/km
2552	493	281	Lisa	Hugo.	Female	Open	56:24.951	+32:00.583	11:16 min/km
2393	494	282	Joline	Diergaardt	Female	Open	56:27.104	+32:02.736	11:17 min/km
2553	495	283	Uuazamo	Humavinda	Female	Open	56:30.226	+32:05.858	11:18 min/km
2551	496	284	Halle	Hoabes	Female	Open	56:30.274	+32:05.906	11:18 min/km
2395	497	285	Sheila	Domingas	Female	Open	56:32.837	+32:08.469	11:18 min/km
2674	499	286	Claudia	Starzacher-Dennis	Female	Open	56:34.242	+32:09.874	11:18 min/km
1280	501	287	Annette	Stafford-Evans	Female	Open	56:36.152	+32:11.784	11:19 min/km
1283	502	288	Ulrike	Steidler	Female	Open	56:36.250	+32:11.882	11:19 min/km
2616	503	289	Helét	Westraadt	Female	Open	56:36.551	+32:12.183	11:19 min/km
1135	504	290	AGNES	MURUKO	Female	Open	56:45.620	+32:21.252	11:21 min/km
1118	507	291	René	Mouton	Female	Open	57:07.095	+32:42.727	11:25 min/km
1349	508	292	Monique	Van Zyl	Female	Open	57:14.154	+32:49.786	11:26 min/km
1351	509	293	Hester	Van Zyl	Female	Open	57:19.037	+32:54.669	11:27 min/km
1287	510	294	Jane	Strauss	Female	Open	57:20.108	+32:55.740	11:28 min/km
2667	513	295	Faith	Ngupandjara	Female	Open	57:26.706	+33:02.338	11:29 min/km
2678	514	296	Ronell	Vries	Female	Open	57:26.710	+33:02.342	11:29 min/km
1193	515	297	TINAYE	NYAMAJIWA	Female	Open	57:29.550	+33:05.182	11:29 min/km
1047	516	298	Ningiree	Katjingisiua	Female	Open	57:33.415	+33:09.047	11:30 min/km
3705	517	299	Justine	Kazandona	Female	Open	57:34.094	+33:09.726	11:30 min/km
2644	519	300	Natasha	Tjongarero	Female	Open	57:38.441	+33:14.073	11:31 min/km

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2370	521	301	Anthea	De Klerk	Female	Open	57:40.859	+33:16.491	11:32 min/km
2257	522	302	Bertina	Bock	Female	Open	57:41.116	+33:16.748	11:32 min/km
1308	524	303	Caera	Tshekuzah	Female	Open	57:45.448	+33:21.080	11:33 min/km
1144	526	304	Helvi	Naluwe	Female	Open	57:48.287	+33:23.919	11:33 min/km
1310	527	305	Charmaine	Tshekuzah	Female	Open	57:49.284	+33:24.916	11:33 min/km
2499	528	306	Lydia	Hofeni	Female	Open	57:50.982	+33:26.614	11:34 min/km
1347	529	307	Lientjie	Van Wyk	Female	Open	57:53.819	+33:29.451	11:34 min/km
2640	530	308	Afra	Schimming-Chase	Female	Open	57:57.081	+33:32.713	11:35 min/km
2635	531	309	Seodhna	Keown-Kisting	Female	Open	57:57.721	+33:33.353	11:35 min/km
1046	532	310	Martha	Katewa	Female	Open	57:59.439	+33:35.071	11:35 min/km
2694	535	311	Nicolene	van Zyl	Female	Open	58:06.191	+33:41.823	11:37 min/km
2683	536	312	Alida	Burden	Female	Open	58:07.596	+33:43.228	11:37 min/km
3701	537	313	Anna	Kalola	Female	Open	58:09.754	+33:45.386	11:37 min/km
3700	538	314	Elizabeth	Amutenya	Female	Open	58:10.472	+33:46.104	11:38 min/km
2477	541	315	Usuta	Hangero	Female	Open	58:15.173	+33:50.805	11:39 min/km
1215	544	316	Hanlie	Pieters	Female	Open	58:18.076	+33:53.708	11:39 min/km
2698	546	317	Lika	van Zyl	Female	Open	58:23.001	+33:58.633	11:40 min/km
1018	548	318	Lea	Josaphat	Female	Open	58:26.035	+34:01.667	11:41 min/km
2675	550	319	Ivonne	Tjapaka	Female	Open	58:29.737	+34:05.369	11:41 min/km
2435	551	320	Ilona	Garises	Female	Open	58:30.945	+34:06.577	11:42 min/km
2354	552	321	Zeleréce	Cloete	Female	Open	58:32.349	+34:07.981	11:42 min/km
2281	553	322	Philadelphia	Camm	Female	Open	58:32.353	+34:07.985	11:42 min/km
1157	554	323	Monika	Nankela-Afolabi	Female	Open	58:34.595	+34:10.227	11:42 min/km
2655	555	324	Elsie	Hotto	Female	Open	58:35.061	+34:10.693	11:43 min/km
1155	556	325	Wilhelmin	Nankela	Female	Open	58:35.557	+34:11.189	11:43 min/km
1036	557	326	Landula	Kaniita	Female	Open	58:37.994	+34:13.626	11:43 min/km
1037	558	327	Landuleni	Kaniita	Female	Open	58:38.049	+34:13.681	11:43 min/km
1163	559	328	Christy	Nashandi	Female	Open	58:41.565	+34:17.197	11:44 min/km
1375	560	329	Dimitra Periklis	Zoganas	Female	Open	58:42.098	+34:17.730	11:44 min/km
1184	561	330	Elizabeth	Nghitewa	Female	Open	58:42.175	+34:17.807	11:44 min/km

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2262	562	331	Kayla	Bower	Female	Open	58:42.815	+34:18.447	11:44 min/km
2366	563	332	Toni	Dauti	Female	Open	58:43.070	+34:18.702	11:44 min/km
1156	564	333	Linda	Nankela	Female	Open	58:43.482	+34:19.114	11:44 min/km
1143	566	334	Glory	Nakanyala	Female	Open	58:44.316	+34:19.948	11:44 min/km
2263	567	335	Alyssa	Bower	Female	Open	58:44.326	+34:19.958	11:44 min/km
1142	569	336	Hilka	Nakale	Female	Open	58:45.502	+34:21.134	11:45 min/km
1059	570	337	Eunice	Khuruses	Female	Open	58:46.792	+34:22.424	11:45 min/km
2508	571	338	Marta	lipito	Female	Open	58:47.760	+34:23.392	11:45 min/km
1358	572	339	Tania	Visser	Female	Open	58:54.210	+34:29.842	11:46 min/km
1303	573	340	Juanita	Tjamuaha	Female	Open	58:55.187	+34:30.819	11:47 min/km
2244	576	341	Jeanette	Beukes	Female	Open	59:01.856	+34:37.488	11:48 min/km
1127	577	342	Francis	Muinjo	Female	Open	59:16.264	+34:51.896	11:51 min/km
2673	578	343	Maureen	Shiyave	Female	Open	59:16.973	+34:52.605	11:51 min/km
2676	579	344	Jennifer	Tjieuza	Female	Open	59:17.188	+34:52.820	11:51 min/km
3673	580	345	Don	Camm	Female	Open	59:17.400	+34:53.032	11:51 min/km
2517	583	346	Idda Hertha	Itembu	Female	Open	59:34.768	+35:10.400	11:54 min/km
1362	584	347	Shirley	Wemmert	Female	Open	59:34.834	+35:10.466	11:54 min/km
1186	585	348	Felicity	Ngunza	Female	Open	59:35.109	+35:10.741	11:55 min/km
1259	586	349	SHANGELAO	SHIPANI	Female	Open	59:40.734	+35:16.366	11:56 min/km
2224	588	350	Tamzyn	Arendorf	Female	Open	59:46.283	+35:21.915	11:57 min/km
2515	590	351	Catherine Dalene	Isaaks	Female	Open	59:52.516	+35:28.148	11:58 min/km
1292	591	352	Elizabeth	Swartz	Female	Open	59:59.135	+35:34.767	11:59 min/km
1176	595	353	Jo-Ann	Nels	Female	Open	1:00:04.052	+35:39.684	12:00 min/km
2632	596	354	Viola	Basson	Female	Open	1:00:07.483	+35:43.115	12:01 min/km
2251	597	355	Jordan D	Blaauw	Female	Open	1:00:14.778	+35:50.410	12:02 min/km
2511	601	356	Magano	Indongo	Female	Open	1:00:45.863	+36:21.495	12:09 min/km
2648	602	357	Pinky	Aibes	Female	Open	1:00:50.657	+36:26.289	12:10 min/km
1317	605	358	Elizabeth	Uuyuni	Female	Open	1:00:54.328	+36:29.960	12:10 min/km
1192	606	359	MEMORY	NYAMAJIWA	Female	Open	1:01:07.145	+36:42.777	12:13 min/km
1226	610	360	Arina	Rosenberg	Female	Open	1:01:29.032	+37:04.664	12:17 min/km

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Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2432	613	361	Yasmin	Gamxamus	Female	Open	1:01:33.495	+37:09.127	12:18 min/km
1244	614	362	Soini Ndakondjelapo	Sheya	Female	Open	1:01:40.668	+37:16.300	12:20 min/km
2512	615	363	Hileni	Inyemba	Female	Open	1:01:41.878	+37:17.510	12:20 min/km
1116	616	364	Camillia	Mogotsi	Female	Open	1:01:48.586	+37:24.218	12:21 min/km
2381	617	365	Angeline	De Wee	Female	Open	1:01:53.874	+37:29.506	12:22 min/km
2246	618	366	Natalie	Bezuidenhout	Female	Open	1:01:54.124	+37:29.756	12:22 min/km
1166	619	367	Hendrina	Naukosho	Female	Open	1:02:03.461	+37:39.093	12:24 min/km
1126	620	368	Felicita	Muhepa	Female	Open	1:02:03.676	+37:39.308	12:24 min/km
1305	621	369	Nicola	Tjizera	Female	Open	1:02:10.050	+37:45.682	12:26 min/km
1345	623	370	Verlisha	van Wyk	Female	Open	1:02:25.726	+38:01.358	12:29 min/km
1139	624	371	Shival	Mwale	Female	Open	1:02:28.343	+38:03.975	12:29 min/km
1218	626	372	Luzaan	Pretorius	Female	Open	1:02:28.551	+38:04.183	12:29 min/km
1034	627	373	Gloria	Kangeri	Female	Open	1:02:49.269	+38:24.901	12:33 min/km
1023	628	374	Ingrid	Kakara	Female	Open	1:02:49.497	+38:25.129	12:33 min/km
1190	631	375	Saara Mbili-Yetu	Niitenge	Female	Open	1:03:21.616	+38:57.248	12:40 min/km
2473	632	376	Juliana	Hamunyela	Female	Open	1:03:25.687	+39:01.319	12:41 min/km
1278	633	377	Oletu	Soul	Female	Open	1:03:27.779	+39:03.411	12:41 min/km
1348	634	378	Alta	van Zyl	Female	Open	1:03:29.085	+39:04.717	12:41 min/km
2696	635	379	Leonie	van Zyl	Female	Open	1:03:31.538	+39:07.170	12:42 min/km
2391	636	380	Kim	Diergaardt	Female	Open	1:03:31.591	+39:07.223	12:42 min/km
2685	638	381	Samantha	du Toit	Female	Open	1:03:33.901	+39:09.533	12:42 min/km
1040	640	382	Chelsea	Karimbue	Female	Open	1:03:33.963	+39:09.595	12:42 min/km
2214	641	383	Menete	Amutenya	Female	Open	1:03:51.904	+39:27.536	12:46 min/km
1096	642	384	Michelle	Maengahama	Female	Open	1:04:07.581	+39:43.213	12:49 min/km
1095	643	385	FADZAI MELODY	MADZAMBA	Female	Open	1:04:07.843	+39:43.475	12:49 min/km
2392	646	386	Rohandri	Diergaardt	Female	Open	1:04:18.147	+39:53.779	12:51 min/km
2390	647	387	Colette	Diergaardt	Female	Open	1:04:18.955	+39:54.587	12:51 min/km
1148	648	388	Maria	Namukwambi	Female	Open	1:04:24.045	+39:59.677	12:52 min/km
2412	650	389	Mbute	Emvula	Female	Open	1:04:36.239	+40:11.871	12:55 min/km
2475	651	390	Elizabeth	Hamwaanyena	Female	Open	1:04:37.452	+40:13.084	12:55 min/km

Citi Dash 2025

Provisional 5km Fun Run Female

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
1203	652	391	Rindi	Oosthuizen	Female	Open	1:04:40.846	+40:16.478	12:56 min/km
2285	653	392	Renske	Castle	Female	Open	1:04:41.852	+40:17.484	12:56 min/km
1101	654	393	Monique	Mannetti	Female	Open	1:04:47.534	+40:23.166	12:57 min/km
2258	655	394	Leigh-Ann	Botha	Female	Open	1:04:49.601	+40:25.233	12:57 min/km
2443	656	395	Blanche	Gertze	Female	Open	1:04:50.390	+40:26.022	12:58 min/km
2447	657	396	Martha	Goanakgosi	Female	Open	1:04:57.417	+40:33.049	12:59 min/km
1140	658	397	Shiro	Mwangi	Female	Open	1:04:59.175	+40:34.807	12:59 min/km
3677	659	398	Teengongo	Ngutjinazo	Female	Open	1:04:59.635	+40:35.267	12:59 min/km
1200	661	399	Schoemans	Office Solutions	Female	Open	1:05:14.333	+40:49.965	13:02 min/km
1216	662	400	Leoni	Pietersen	Female	Open	1:05:16.611	+40:52.243	13:03 min/km
2509	664	401	Liz	Imbili	Female	Open	1:05:19.854	+40:55.486	13:03 min/km
1098	665	402	Isabeau	Malan	Female	Open	1:05:25.453	+41:01.085	13:05 min/km
2620	667	403	Jenny	Goagoses	Female	Open	1:05:29.442	+41:05.074	13:05 min/km
2498	670	404	Jessica	Hoeksema	Female	Open	1:05:38.578	+41:14.210	13:07 min/km
2466	675	405	Mamicky	Hakandume	Female	Open	1:06:03.169	+41:38.801	13:12 min/km
1160	677	406	Anita	Naris	Female	Open	1:06:25.950	+42:01.582	13:17 min/km
1265	679	407	Sammy	Silungwe	Female	Open	1:06:42.214	+42:17.846	13:20 min/km
1363	680	408	Queendeline	Wermann	Female	Open	1:06:43.664	+42:19.296	13:20 min/km
2377	681	409	Deone	de Vries	Female	Open	1:06:50.279	+42:25.911	13:22 min/km
1262	683	410	Ester	Shiweda	Female	Open	1:06:53.518	+42:29.150	13:22 min/km
1307	684	411	Anna	Tomas	Female	Open	1:07:20.806	+42:56.438	13:28 min/km
1185	686	412	Helen	Ngodji	Female	Open	1:07:32.538	+43:08.170	13:30 min/km
2371	687	413	Imelda Lynnette	De Koe	Female	Open	1:07:48.864	+43:24.496	13:33 min/km
1319	688	414	Mary-Ann	van der Byl	Female	Open	1:07:49.623	+43:25.255	13:33 min/km
1011	689	415	Vhallengia Mandy	Jeremia	Female	Open	1:07:53.227	+43:28.859	13:34 min/km
2679	694	416	Yasmine	Williams	Female	Open	1:08:24.031	+43:59.663	13:40 min/km
2657	695	417	Chantell	Jantjies	Female	Open	1:08:25.121	+44:00.753	13:41 min/km
1304	696	418	Queen	Tjiuoro	Female	Open	1:09:09.545	+44:45.177	13:49 min/km
1020	698	419	Freddie	Kafula	Female	Open	1:09:40.565	+45:16.197	13:56 min/km
2510	699	420	Ndeshy	Indombo	Female	Open	1:09:41.554	+45:17.186	13:56 min/km

Citi Dash 2025**Provisional 5km Fun Run Female**

No.	Course Pos.	Gender Pos.	Name	Surname	Gen.	Category	Time	Diff.	Pace
2458	700	421	Hazel	Groenewald	Female	Open	1:10:39.148	+46:14.780	14:07 min/km
2410	701	422	Rauna	Elago	Female	Open	1:10:48.228	+46:23.860	14:09 min/km
2400	702	423	Melony	Eberenz	Female	Open	1:10:52.460	+46:28.092	14:10 min/km
2273	704	424	Julien	Broekstein	Female	Open	1:10:56.599	+46:32.231	14:11 min/km
1290	705	425	Sanna	Swaartbooi	Female	Open	1:10:57.568	+46:33.200	14:11 min/km
2365	708	426	Vicky	Dan	Female	Open	1:15:14.819	+50:50.451	15:02 min/km
1141	711	427	Amesha	Mwenda	Female	Open	1:15:42.594	+51:18.226	15:08 min/km
1284	713	428	Sheriva	Steiner	Female	Open	1:16:33.115	+52:08.747	15:18 min/km
1123	714	429	Noloyiso	Moyo	Female	Open	1:18:34.196	+54:09.828	15:42 min/km
1373	716	430	Nancy	Zatjirua	Female	Open	1:19:59.438	+55:35.070	15:59 min/km
1053	721	431	Aina	Kayofa	Female	Open	1:32:42.403	+1:08:18.035	18:32 min/km